

## Nibbles

<b>Mediterranean olive mix and root vegetable crisps (V)</b>	£2.95
<b>Homemade bread crackers with rustic dips (V)</b> (Paprika soft cheese, smoked mackerel rilette, guacamole)	£3.95
<b>Cracked black pepper and sea salt calamari, tomato and Parmesan salsa</b>	£3.95
<b>Chipolata sausages on stick, English mustard crème fraiche</b> (Venison, Merguez, Cranberry and Stilton)	£3.75

## Starters

<b>Soup of the day with Peppy's bread</b>	£3.95
<b>Quail Scotch eggs with curry mayonnaise</b>	£4.95
<b>Pressed ham hock terrine, puy lentil salad and homemade piccalilli</b>	£5.50
<b>Grilled skewer of large prawns, scallops and papaya</b> on a bed of noodles in coconut milk, rocket salad with a fresh passion fruit dressing (Starter or main course)	£6.95/£12.95
<b>Mediterranean salad</b> Mixed leaves, roast peppers, olives, red onion, pine nuts, Feta cheese in olive oil and balsamic vinegar topped with grilled basil and sun dried tomato polenta. (Starter or main course)	£5.75/£8.50
<b>Smoked haddock and leek tartlet, season mixed leaves</b>	£5.25
<b>Bury black pudding Lancashire cheese melt</b> Served on beef tomato, roasties potato and rocket salad, English mustard crème fraiche	£5.95

## Wood Platters

<b>Wood platter of local antipasti</b> Air cured Cumbrian ham, baked local ham, smoked duck breast, seasonal leaves, beetroot, carrots in lemon thyme, olives, piccalilli and Peppy's bread	£8.95
<b>Wood platter of Fleetwood seafood</b> Smoked mackerel, herring, smoked salmon, poached salmon, prawn, crevettes with a lemon and garlic mousseline with Peppy's bread	£9.25
<b>Wood platter of organic crudités (V)</b> Baby gem and mixed leaves, carrots in lemon thyme, beetroot, cucumber, beef tomato, boiled egg, fresh asparagus, celeriac remoulade, creamy Lancashire and Garstang Blue with Peppy's bread	£8.95

## Sandwiches

**Available only at lunchtime and until 3pm on Sundays**

<b>Traditional club sandwich served with thin fries</b>	£6.50
Selection of freshly cut sandwiches on your choice of Peppy's fresh bread (white, brown, granary) served with organic crisps	
<b>Honey roast ham English mustard crème fraiche</b>	£4.95
<b>Cumbrian cured ham and chutney</b>	£5.95
<b>Lancashire cheese and chutney</b>	£4.75
<b>Sea water prawns with Marie Rose sauce</b>	£5.95
<b>Cold poached salmon</b>	£4.95
<b>Smoked salmon</b>	£5.95
<b>Tuna melt</b> Tuna mayonnaise on half burger bun topped with melted Lancashire cheese served with thin fries	£5.95

## The Cartford Favourites

<b>Chefs signature dish</b> Oxtail and beef in real ale suet pudding, mash potato with fine green beans served with a cold beetroot salad in olive oil, balsamic and chives	£11.95
<b>Cartford Inn fish pie of fresh Fleetwood fish</b> Fresh cod, salmon, prawns in a white wine and cream sauce topped with creamy mash and Lancashire cheese	£9.75
<b>Fish and chunky chips, marrowfat peas with homemade tartar sauce</b>	£9.95
<b>Pilling Marsh lamb hot pot with bread and red cabbage</b>	£9.75

## Other Main Courses

<b>Cumberland sausages on a bed of mash potato topped with caramelised red onion gravy</b>	£8.95
<b>Wild mushrooms Stroganoff on a bed of Basmati rice topped with fresh Parmesan shavings with broccoli florets (V)</b>	£9.50
<b>Lemon and Tarragon butter chicken, roasted salsify Served with your choice of mash or chunky chips</b>	£11.50
<b>Peppered duck breast with "Bonne Maman" blackberry sauce, gratin potato and fine green beans</b>	£14.50
<b>Fresh hake fillet korma sauce topped with fried onions, basmati rice, mini poppadom and mint yoghurt</b>	£10.95
<b>The Cartford Inn 8oz beef burger with or without cheese</b> Served with thin fries Served with hand cut chunky chips	£8.95 £9.50

## On the Grill

<b>All served with half tomato Provencal, Duerden of Great Ecclestone water cress, onion rings and thin fries</b> Served with hand cut chunky chips Your choice of sauce (Red wine sauce, pepper sauce or Lancashire Blue cheese sauce)	£0.50 extra £1.50
<b>6oz Sirloin minute steak, Pernod, garlic, shallots and parsley butter</b>	£15.00
<b>10oz Rib eye of beef</b>	£17.95
<b>8oz Fillet of beef</b>	£20.00

## Side Orders

<b>Basket of fresh bread with butter</b>	£1.95
<b>Hand cut chunky chips</b>	£2.45
<b>Thin fries</b>	£1.95
<b>Mash potato</b>	£1.95
<b>Onion rings</b>	£1.95
<b>Rocket and Parmesan shavings</b>	£1.95
<b>Sliced tomato and red onion</b>	£1.95
<b>Mixed salad</b>	£2.25
<b>Fresh vegetable of the day</b>	£2.25

## Desserts and Puddings

<b>Brioche and chocolate chips bread and butter pudding Served with vanilla pod custard</b>	£4.75
<b>Sticky toffee pudding with cream or ice cream</b>	£4.75
<b>Crème brulee of the day</b>	£4.75
<b>Chocolate fondant with Marscapone cream</b>	£4.75
<b>Cinnamon and honey apple</b> Topped with a finger biscuit soaked in Amaretto, vanilla pod custard and Amaretti biscuit crumble served cold in a glass	£4.75
<b>Local and continental cheese board</b> With grapes, celery and chutney Lancashire creamy, Garstang Blue and Brie	£5.95
<b>Selection of ice cream</b>	1 scoop £1.95
<b>Wallings of Cockerham</b>	2 scoops £2.95
	3 scoops £3.50

## Coffees and Teas

<b>Lavazza coffees</b>		
<b>Small espresso</b>	£1.75	<b>Large espresso</b> £2.25
<b>Americano</b>	£1.75	<b>Capuccino, Latte</b> £2.25
<b>2 cup cafetiere</b>	£3.75	
<b>Selection of Lipton tea and herbal tea</b>		
<b>Pot for one</b>	£1.75	<b>Pot for two</b> £3.25

# Welcome to the Cartford Inn.

If you are a returned customer welcome back, if it is your first time, we hope you feel already relaxed. Our menu offers a selection of simple dishes, using quality ingredients from as many locally sourced suppliers as possible served without pretensions.

Many of our suppliers are family owned businesses who have already celebrated over 100 years of trade, through quality and dedication.

We also have chosen a fine selection of traditional ales and wines from around the world that will complement your meal.

As all our meals are freshly cooked to order, there may be a longer waiting time during busy periods.

We hope you have a lovely time.

